

The “ages of mankind” can be traced back to the ancient Greeks. The 1st age is from the point of birth till we leave the protective umbrella of education; The 2nd age is the period of employment and parental responsibility; The 3rd age is the period of active, semi retirement – often considered “the golden age”; the 4th age is one of dependency.

Working life often confines us to a limited field. In later life, we are free to expand our knowledge; explore new interests, and to share our expertise with others. There are no qualifications needed; no tests or exams – only like minded people who enjoy learning new skills and activities.

U3A courses cover interests such as exercise, the arts, language, technology, history, language, craft, and philosophy. U3A requires no prior learning.

Members, with a lifetime of experience, share their expertise with small tutorial classes. The word “university” in U3A is used in its earliest sense – a community of scholars who get together to help each other. You will benefit from both mental and physical stimulation, in a group of like minded people.

If you are an older adult, and have a joy of learning, you have found a new home.

U3A Ipswich and West Moreton